



Monthly Goals Worksheet

Specific • Measurable • Achievable • Relevant • Timely

Name: _____ Month: _____ Year: _____

My **business** goal this month is:

My goal is important to me because:	Challenges I may face:	Action items for success:
		<input type="checkbox"/> _____ Due date: _____
		<input type="checkbox"/> _____ Due date: _____
		<input type="checkbox"/> _____ Due date: _____
		<input type="checkbox"/> _____ Due date: _____
		<input type="checkbox"/> _____ Due date: _____

My **personal** goal this month is:

My goal is important to me because:	Challenges I may face:	Action items for success:
		<input type="checkbox"/> _____ Due date: _____
		<input type="checkbox"/> _____ Due date: _____
		<input type="checkbox"/> _____ Due date: _____
		<input type="checkbox"/> _____ Due date: _____
		<input type="checkbox"/> _____ Due date: _____